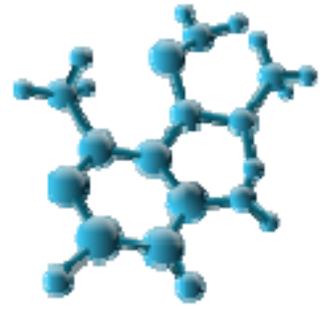


# The CONSPIRACY of “Scientification”



**Jon Burras**

Nature has been guiding our lives and planetary existence here on Earth for over four billion years. This natural system of laws and events has carved out a planet that is sustainable for life. By all accounts nature is a tried and true method of correcting imbalances and realigning systems that have fallen off track.

Throughout the history of the last one hundred and fifty years a dramatic shift has taken place. The inhabitants of the planet were once guided by natural laws and respected the order of nature. Once aligned with nature, our ship has slowly turned away from its natural course. Now a new system has risen into place to mold our way of thinking. This new system is called “Science.”

Science came into existence in the last couple hundred years to offer a different understanding of our world. Through science we have been able to shed many fantasized myths about the world in which we live. Through science we have been able to make many important discoveries. Some of these important discoveries might include the idea that an asteroid collided with the Earth nearly 65 million years ago and caused the extinction of the dinosaurs. In the 1770s scientific experiments concluded that oxygen was the key component in air. In 1648 a medical scientist proclaimed that the heart was indeed a pump.

These important discoveries, along with many others, helped to put science on the map as the dominant ruling system. Before this time (at least in the Western World), religious leaders often held the position of the supreme source of knowledge about our world.

As science continued to gather momentum as the primary source of knowledge it began to merge with other influences to create something quite different. Science began to unite with large corporations to gain power, control, influence and domination over nature. Science merged with universities to form a coalition of scholar researchers who were pimped out by university administrators in search of private and government grants. Science also blended with the media to become a propaganda machine, attempting to dominate public opinion.

Science and Western medicine came together to turn medical doctors from artists into technicians. Science merged with the production and processing of food to create such unnatural products that not even bacteria and insects choose to eat, (even though the consumer is told how healthy and safe these products are). Science has united with patriarchy to take birthing and the raising of children away from women and has turned birth into a major medical emergency. From education to exercise, emotional wisdom to

identifying and treating diseases, science has come to blend itself into these other institutions. As a result, what we have left I call the world of “**Scientification.**”

**Scientification** is a concept by which much of our lives has become dominated by scientific jargon, research and methodology. We seldom believe anything is true anymore unless a scientist first conducts a “scientific study” on the matter and has verified that it is true. A good metaphor of how **scientification** works is this. Imagine that you go into an ice cream parlor and order your favorite flavor of ice cream. Before you can taste the ice cream yourself you must first pass it around to several scientists in the store to validate whether or not it actually tastes good. You are required to have a scientific validation before you can believe your own taste buds. This is the nature of **scientification**. Not just a method for understanding our world, **scientification** is a cultural phenomenon used to

dominate and conquer our natural instincts. Science has become the latest version of God. When someone can quote a scientific study to validate one’s point of view it is like God himself writing on a pair of stone tablets.

The merging of scientific principles and thought with other entities is only the first part. The second part involves the conspiracy to hold it all together and keep this system in power.

**Conspiracy** means to keep something in power by whatever means possible and act or plan secretly to do something illegal or immoral. This could be a disguised plan or one that is out in the open but heavily camouflaged as being something else.

There are many ways to keep a conspiracy alive. One of these ways is to pay off the people who might oppose you. If that does not work there are many methods to eliminate dissenting opinions. You might choose to have members of your coalition infiltrate key positions in an authoritative group (like the government) to help win your support. You might hire former members of government to help use their connections for you. You could intimidate the opposition with threats, legal harassment, financial hardships or jail time. You might even use verbiage that no one really understands except your own inner circle.

Let’s first explore in depth the concept of **scientification** and later we will elaborate in detail how the **conspiracy** is played out. As science has grown in its techniques and its principles most people wish to assume a naïve stance that science is pure, always correct and stands alone in the world when it comes to knowledge. This viewpoint is the norm and it also carries much ignorance with it. Most people are lazy in their thinking. They wish to turn their beliefs over to a higher authority, (first religion and now science). Thus science is rarely questioned but instead allowed to go unchallenged to pursue whatever follies it desires.

### **Science and the Media**

In our first instance, as the cozy relationship between science and the media continues to develop, most media representatives seldom question anything that comes out of a scientist’s mouth. Writers, journalist, news directors and other media personnel commonly just accept the reports delivered to them by scientists and the publicity



companies representing them. It is common for a scientist to boast about how he has just discovered the next greatest cure for some horrible disease. He delivers his abbreviated findings to a media outlet and the media feeds it to the public, (most often without ever verifying its validity).

This is **scientification** at its best. The scientist wins as he is able to gain free publicity for his scientific conclusions (which often comes with people and companies who are willing to invest money into the project). The media wins because they have free information in order to entertain a gossip addicted culture. (By the way, much of the traditional media is supported by scientific pharmaceutical advertising anyways so there is more gain for the media). In the meantime, the losers are the general public who are often fed hype and sensationalism as many of these stories turn out to be false alarms. The cozy relationship continues.

The media does not report a story; they create it. There are no unbiased stories. The media says whatever its sponsors tell it to say. It used to be that corporations were held accountable to the customers who bought their products. Now, corporations are focused on the shareholder at the top. The media no longer regards the audience as its top priority; rather the sponsor who is paying for advertising space comes first. **Thus, “reporting” a story is often just advertising for a sponsor.**

**Scientification** of the media is about the merging of scientific-based products being sold through media outlets claiming to be news stories. When the headlines report that a scientific study now reveals a major breakthrough, the viewers are often being conned. Rarely are scientific announcements even questioned. These stories are just turned into headline news with lots of fanfare and drama.

### Science and Birth

**Scientification** finds itself as well imbedded in the birthing and raising of children. As science became firmly united with **patriarchy** (the dominance of the male way of thinking over women, nature and animals), women were swept up and forced into hospitals to give birth to their children.

In the past and still today in many nature-based cultures, women would come together and give birth to their children in a safe environment away from men and other members of the family or tribe. Birth is regarded as a natural and normal experience. With much support and care, a woman is allowed to experience birth as a ritual and as a powerful moment in her life. In many cases, a natural childbirth can be a *blissful* and often even an *orgasmic* moment for a woman.

In sharp contrast, the **scientification** of birth has led to a male-dominated, fear-based experience largely occurring in a hospital setting. Primarily male doctors scared women into coming into hospitals and preaching to them that they could not give birth without them. In essence, doctors turned birth into a major



their

medical emergency and forced women to believe that only scientific medicine could help them. (Despite the fact that many women have become doctors the patriarchal view of birth continues in many scientific-dominated regions).

This would be all well and fine if the results turned out well—but they don't. In the short-term the damage is deadly. In the long-term, **scientification** of the birthing process is responsible for most major social problems of our time, including addictions, diseases, illness, violence and mental health issues.

The patriarchal view of birth has taken away what was a woman's naturally right, including her body and the birthing experience. Science was the cover for a larger world view of male's dominance over women. Fear was used as the propaganda machine to convince women that they did not have control over their own bodies and that science would indeed save them (despite the fact that women have been giving birth for thousands of years—rather successfully I might add).

It is true that there are some babies born in hospitals who are saved by scientific emergency medicine. These babies probably would have died at birth or shortly thereafter without the intervention of **scientificated** emergency medicine. However, most problems at birth are *actually caused* by the **scientification** of birth. Let's explore these more in detail.

As a woman is brought into a hospital she often turns her power over to the scientific system that has merged with domination. She is placed on her back and forced to push against gravity (very unnatural). She is scared (which tightens up her muscles, prolonging labor and delivery). She is often given drugs (because she is told that she needn't feel anything). Those drugs enter into the baby causing a variety of complications from breathing disorders to nerve problems. If delivery is delayed often aggressive techniques are used to forcibly remove the baby (like forceps grabbing the infant's tender skull or a complete caesarian delivery). Cesarean deliveries are often preferred because the medical doctor can control the outcome and timing. Besides, you now have a major medical event (where the doctor and hospital make more money because you are now in surgery).

Even when a midwife is used to assist a birthing mother the whole concept has become **scientifically** distorted. According to Michel Odent in *The Scientification of Love*, the midwife in the **scientificated** world has been turned into a "coach." This is not the normal and natural purpose of a midwife. Women do not need to be "coached" on how to give birth. A midwife's purpose is to provide a safe and secure environment so the natural instincts of the mother will take over. Women already know how to give birth. A woman will have difficulty giving birth if she feels threatened (unsafe), like in most hospital environments. Coaching is another way for science to remove women's power from women. A woman in labor cannot hold on (fear) and let go (relaxation) at the same time. Hence, birth is often delayed and complications set in.

After the child is born the merging of patriarchy and science continues. A newborn is quickly whisked off to the nursery to fight for life alone. **No other mammal abandons its young at birth like the human population with scientific backgrounds.** The **scientification** system believes that children do not feel pain and do not remember so you can inflict many traumas to them. This belief is often symbolized by the cutting off of the foreskin of many infant males, (circumcism), often without anesthesia. (Prior to 1999 anesthesia was almost unheard of when performing circumcism. Doctors believed

that babies did not feel any pain. By 2009, most—but not all—circumcisions were performed with a local anesthesia).

Currently the United States of America, which spends more money per person than any other country on health care and has invested tremendously in the **scientification** of birth, ranks at number 26 as far as infant mortality rate. The countries that do the best with infant mortality are those where most of the children are born at home and not in hospitals. According to birth statistics, hospitals are not a safe place to be born.

The raising of children continues to be **scientificated**. Children are forced to sleep alone at night (a very unnatural act) as the scientific experts claim that a child needs to learn how to be independent. **Scientification** attempted to place a wedge between mother's breasts and baby as well. Infant formula was created and women were encouraged to use it (further removing women from their power as nurturers).

As a child is born his or her beliefs about the world are still developing. The first belief that a child needs to acquire is **the belief that the world is a safe and supportive place**. Most children born into a **scientificated** system do not get this belief. Instead, because of the violent trauma of the Western birth and the abandonment after birth, children acquire a belief that the world is not to be trusted and they must be on guard and alert at all times. They cannot relax. Their stress "button" has been turned "on" at birth and shortly thereafter and remains "on" for the duration of much of their lives.

The long-term implications are disastrous. Every social or health issue can be traced back to the first two years of life in a child. As the stress "button" remains "on," a child is locked in fear. Fear (stress) is the root of all illnesses, mental health issues and addictions. Is it any wonder why the United States has more people in jail than any other country or that we have such a large drug and addiction problem? This can all be traced back to how the **scientification** of birth and the raising of children have taken us down a very unnatural road.

As a result of the traumatic birth and the **scientification** of child rearing, children are being raised as laboratory experiments. Parents turn to their scientific-based medical doctors for information on how best to raise their children. Emotional education takes a back seat in favor of intellectual pursuits. The **scientification** process has no room for emotions. Emotions represent a weakness or fallibility in a person's character. As a child continues to develop his natural instincts are often squashed as he learns how to repress his emotions and medicate himself from the feelings he has not learned how to feel. As a result, as citizens we live in a fear-based culture that is constantly on-guard and we can seldom relax.

### **Science and Exercise**

**Scientification** can also be seen in how we move our bodies. Laboratory scientists have taken over our movements and have made them machine-like. We are taught to harden and tighten our muscles as if we were machines ready to do battle. Movement like this is based on analysis—how many reps one performs, how many calories burned or the rate of one's heart beat. Institutions like sports performance centers, gymnasiums, health clubs and private workout studios carry these **scientificated** messages to the masses.



When one is not busy moving like a machine, he is busy analyzing the world of other's movements—this is called sports. Batting averages, yards rushed, points scored or championships earned become the guide post in which to measure one's worth.

**Scientification** has turned movement into gladiator-viewing, where we objectify the evil demon (the opponent) and glorify our favorite team or performer. Players on the field or court are removed from their human experience and valued alone for their performance.

Exercise is artificial movement. Most people in the world do not exercise—they are too busy moving their bodies in order to survive and manage their daily tasks. Cultures that have more technological advances have resorted to artificial movements in order to compensate for their lack of daily activity. Unfortunately, most of these movements have been created by scientific thinking and are anything but natural. The concept of fitness is based on hardening and tightening the body while turning the heart into a weapon for war (aerobic training).

Aerobic fitness began in a laboratory with a scientist named Dr. Kenneth Cooper. In 1969 Dr. Cooper published his findings from his laboratory experiments on astronauts and declared that aerobic fitness was crucial for good health. We all followed his advice and we began to jog, train for marathons, and join gyms. Dr. Cooper now recants his theory and does not believe that aerobics is the best thing for health. (*Fit Magazine*, April 2000). Is anyone listening?

Modern exercise seems to amount to analyzing statistics—counting calories, measuring one's heart rate and gauging one's performance while moving. We have many **scientificated** products (energy bars, energy drinks and protein supplements) to speed more **scientificated** nutrients to the athlete.

Children are taught that they ought to use their bodies to perform and to achieve a grade (physical education). This leads to adults who continue to use their bodies to perform. Scientific and laboratory-based exercises are rooted in turning movement into something that can be judged, measured, calibrated and compared. Whatever happened to the notion of telling your kids to just go outside and “play”?

### **Science and Food Production**

Science has merged with the growing and production of food. Family owned farms have been replaced by **scientificated** factory farms. A farmer once understood the

nature of soil and composting. This notion has been replaced by chemicals (like phosphorous, nitrogen, and ammonia). **Scientificated** chemicals such as herbicides and pesticides now replace natural ways of growing food. As a result, many foods are no longer considered a food; rather they are a commodity to bought and sold on the commodities market at the highest price. Most modern day farmers might not even be considered a “farmer” anymore. A more appropriate title might be a “**crop engineer.**”



While some crops have been able to produce more yield per acre by scientific means, the end products are devastating. For instance, a wheat plant one-hundred years ago contained nearly **ninety percent protein.**

Today’s modern **scientificated** wheat crop is only about **ten percent protein.** A field of spinach in 1950 contained 150 mg. of iron per 100 grams of spinach. Today’s crop, heavily laden with pesticides and herbicides which destroy the soil, contains only about 1 mg. of iron per 100 grams of spinach. While the food crops of today might have higher yields, (with more expenses going to greater amounts of pesticides, herbicides and water), they have lost much of their nutritional value. The commercial **scientification** of food does not necessarily consider this when growing food. **Farmers are paid by the bushel and not by the nutrient.**

**Scientification** and the food industry have now “engineered” food like a skilled engineer might create an airplane or an automobile. Products like margarine, artificial sweeteners, emulsifiers, food colorings and other scientific creations were introduced and heavily marketed to consumers. Genetically modified organisms have been implanted in many crops to boost their yields (most of these crops lack vigorous safeguards and long-term testing while being heavily promoted by some multi-national corporations).

“**Nutritionalism,**” a concept promoted by Michael Pollan, author of *In Defense of Food*, is a process by which food scientists have reduced food to its essential nutrients. Food is said to be valued by the amount of fats, protein, carbohydrates and minerals it contains. The **scientification** of food completely ignores the “life force” in food. According to the **nutritionalism** concept, a frozen commercially grown carrot would have the same value (nutrients) as an organic, fresh out of the earth carrot. A professional chef would certainly disagree.

The science of food production allows wealthy nations to consume food products out of season and grown in faraway locations. These growing trends affect local populations as cash crops (strawberries, cotton, kiwi fruit, etc.) are often substituted for basic crops like rice and beans. Local farmers are often driven off their own land as crops frequently fail and farmers can no longer afford to grow food. **The Green Revolution** was supposed to end hunger in the world but there are just as many (if not more) hungry people in the world than ever before.

Livestock once free to roam the grasslands for food are now jammed into factory housing so tightly they often crush each other to death. Antibiotics are injected into each

animal because this overcrowding causes diseases to spread easily. The food supply has been engineered to make animals fatter and plumper (using corn and soybeans in particular), despite the fact that farm animals were never meant to eat this type of food. (It rots their stomachs out in a few short months).

Fish stocks have also been engineered by food scientists as factory fish farms are now common. The farmer (no longer the fisherman), can control the product's size, living environment and diet. For instance, factory farmed salmon are fed antibiotics to keep them from spreading diseases because they are kept in tightly packed quarters. While wild salmon develop natural reddish orange flesh due to their diet that consists of ocean dwelling crustaceans, factory farmed fish will normally have a white flesh due to eating a diet of corn and other non-natural sources. The public will not buy the fish if they do not see the natural reddish orange color. Thus, red dye is introduced into these fish to turn their flesh the normal red color to appeal to public consumption.

### **Science and Medicine**

The medical industry has also become **scientificated**. Once considered “artists,” medical doctors are now more like “technicians.” The ever-increasing high cost of health care is directly related to how science has merged with medicine. Despite the fact that we have a **scientificated medical system**, we have an enormous amount of disease and ill-health. Cancer rates have remained nearly the same despite the fifty-year **War on Cancer**. We have declared war on everything from heart disease to addictions, diabetes to obesity using the **scientificated** way of thinking. Despite all of our billions of dollars in research on the many wars on illnesses, diseases continue to increase. The United States currently ranks at **37<sup>th</sup> in regard to the quality of health care (World Health Report 2000)**, despite spending more money on **scientificated** high tech medicine than any other country.

We spend more money on scientific research than any other country and yet our health care is put to shame. Celebrities rant in front of Congress for more money for more scientific research. The public is conned into believing that another walkathon, cycle-a-thon or run-a-thon will cure a dreaded disease with more money going to a biotech or drug company's scientific research. Sympathetic supporters buy yellow wrist bracelets and a “**pink this and a pink that**” to generate more money to the **scientification** of medicine.

In the early part of the 20<sup>th</sup> century Western medicine united with science as its backbone. Before this time medical doctors had many varieties of tools to choose from, including herbs and natural solutions. As Western medicine has adopted a primary emphasis on drugs and surgery, other natural solutions have fallen by the wayside, (most notably because natural solutions are not as profitable to medical doctors and drug companies). This **scientificated** approach to healing has been further eroded by the recent addition of genetic theories. Blame it on your genetics or DNA has been the norm for a **scientificated** medical system.

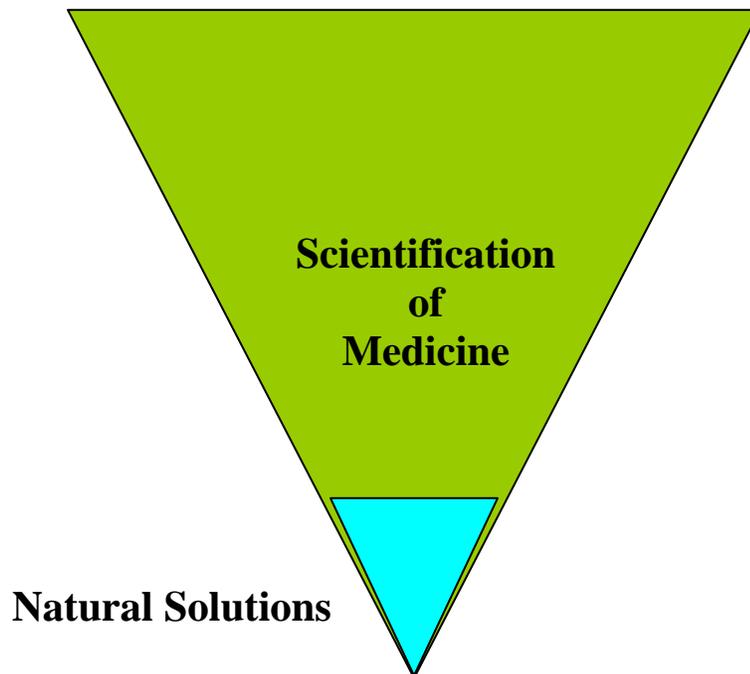
The current **scientificated** medical system embraced by many often acts like a bully to dominate and control all other natural solutions to health. Primarily scientific research is sought after and natural solutions are either severely limited or banned outright. For instance, in some cases when a family member has fallen sick and a parent

chooses to seek holistic or natural solutions, a **scientificated** medical system combined with a **scientificated** judicial system often prevent that from happening. Judges often intercede and write a court order declaring that parents are required to use Western **scientificated** medicine despite the parent's wishes.

In a recent case, (May 26<sup>th</sup> 2009), in the state of Minnesota, District Court Judge John Rodenberg had forced the parents of thirteen year-old Daniel Hauser to require their child to undergo chemotherapy treatments for a tumor. In this case, **scientificated** medicine has dominated a parent's wishes and the terminology "child endangerment" was used as justification.

Currently the **scientification** of medicine can be described in the diagram below. Biochemical and surgical intervention are used to dominate, control and attack the body. Natural solutions are scorned, banned or controlled by the highly politicized merging of science with politics. (For instance, there are cases where the **American Medical Association** has tried to eliminate or restrict chiropractors, acupuncturists and others practicing natural healing techniques). The government is used to enforce this **scientification** system of Western medicine by employing such agencies as the FDA, FTC and other regulatory agencies to make sure that **scientificated** medicine remains on top.

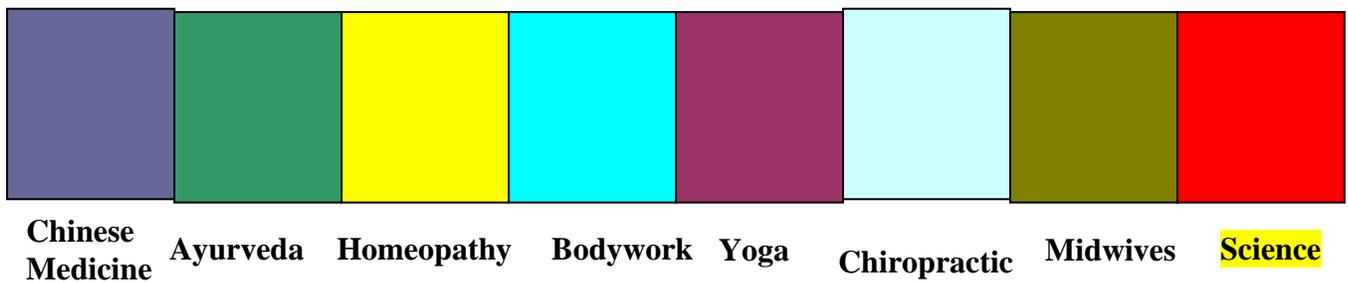
### Model #1 Scientification



A more holistic model looks like the second example below. Here science is able to merge with other methodologies and becomes an equal, not a dominating force. In the holistic model all entities share the same amount of power and influence. This is in sharp contrast to model number one.

Currently, the **American Medical Association** (regarded by some as just a club for medical doctors) enjoys exclusive privileged status by the United States government. When there is ever any topic about health issues, (health care reform, disease management or preventative measures), the government nearly always turns to **scientificated** medicine for advice, despite the fact that many other natural choices are available. It is rare to see government officials convening with the American Herbalist Guild (AHG) or the American Chiropractic Association (ACA) in regard to health care.

## Model #2 Holistic



In addition, **scientificated** medicine has created a host of pseudo-charities to promote its many causes. These organizations include such entities as the **American Heart Association, American Lung Association, American Cancer Society, American Diabetes Foundation** and many others. Unfortunately, these organizations are fundamentally aligned with **scientificated** medicine and promote the notion that your biology is to blame for your illness. (A holistic model would focus on many other factors rather than biology, like energy flow (chi), emotional awareness and relationships between the many body systems). These organizations place fear in the public that if they do not donate money to their cause there will never be a cure found and themselves or their loved ones will continue to suffer.

The **scientificated** medical system has also tended to compartmentalize most of our body parts. Most scientific-based medical doctors do not believe that the body works together as the parts come together to create a whole. For instance, if a patient complains

of a pain in his knee the medical doctor often just examines his knee, (and likely recommends surgery, where most of the money is made). The true source of the knee pain might actually be originating from the hip or the ankle. In another instance, **scientificated** practitioners do not usually see the relationship between a clogged colon and heart disease. In a holistic model this would be much different. The holistic practitioner might examine all sorts of avenues in the knee issue as well as the heart issue.

In another interesting twist, **scientificated** medicine has chosen to go the route of specialists for each region. You might have a cardiologist who examines your heart, a pulmonologist for your lungs and an ear nose and throat specialist for nose and ear issues. Rarely do any of these specialists confer with each other. They do not necessarily believe that their specialty has anything to do with symptoms in another area of the body. They might even prescribe medications that interact adversely with other medications being prescribed by another specialist.

As noted, **scientificated** medicine is about numbers and statistics. Cholesterol numbers, heart rate and chances of survival are all common terminology in this system. A holistic model is more aptly based on the notion that anyone can heal any disease given the right amount of specified treatments to eliminate the imbalances existing within the body and the mind.

Coming to terms with health care means that **scientificated** medicine is no better of worse than any natural solution. Each can all be used to compliment one another. After all, natural medicine has been around for thousands of years and is the real “**traditional medicine.**”

### **Science and Mental Health**

**Scientification** has also crept into the mental health field. Everything from addictions, stress and mental illness have come under the scientific umbrella. All disease, including mental and physical health issues, have their origins in stress. The root cause of stress stems from unnatural beliefs acquired at birth (scientific in origin) to the first few years of life. These unnatural beliefs instill in a child the idea that the world is an unsafe and hostile place and that one needs to be continually on guard against any potential danger. This is commonly referred to as fear. Fear is an emotion that needs to be released (usually by crying).

Stress has been **scientificated**. We remain frozen in analyzing stress as some form of biochemical imbalance in the brain (a common misconception in the mental health field). No, stress, addictions and mental illness are not biochemical brain imbalances; they are rooted in emotions that have not been felt and released (and not another scientific abstract). Whether one is labeled as having ADD, schizophrenia or bipolar disorder, it is all the same. These scientific classifications are rooted in emotions that have not been released—usually fear (stress).

Reclassification of emotions is a common approach to how the **scientification** of mental health has become the norm. Fear is **scientificated** and reclassified as “anxiety.” Instead of saying that one is “afraid,” now one is prone to proclaim that they have an “anxiety disorder,” usually treated in the Western **scientificated** medical system by **anxiety relieving drugs**. In the natural world, a two year old would cry until he completes the fear cycle and then enters into his **relaxation response**.

Depression is another **scientificated** term. Depression is seen as a scientific biochemical experience. In a natural reality though, depression is nothing more than emotions that are repressed and held within, rather than allowed to flow outward to be released. A person might feel lethargic, tired, stiff and overall “out of it” because they are not allowing their emotions to be released and come to completion. Hence, their physical body is being used as a sponge to absorb that emotional energy. Since the mental health aspect of **scientification** sees mental health issues just like it sees physical health issues, (biochemical imbalances), the person is treated in just the same manner—using drugs to rebalance the biochemistry.

Science believes that there has to be a logical reason why we have an emotion. The scientific and rational mind tries to understand and dominate the emotional world with logic and reason. This is like “apples and oranges.” In the natural world one must feel and release emotions with a “full-body” experience to complete the emotional charge. **Scientification** of mental health tries to blame our biochemistry for our emotions. There is very little room for feeling in this case.

**Scientification** also uses tactics to cover up emotions that are very familiar to scientists—biochemicals. One example is the “blame it on blood sugar campaign.” While it may be true that at times one feels a weakened state when there is insufficient glucose reaching the cells, this is normally the exception rather than the rule. On closer examination, in most cases one is feeling an uncomfortable feeling (whether they can identify that feeling or not remains to be seen), and blames their biochemistry for the feeling they are having.

**Scientification** has also taken over identifying and treating addictions. Without a doubt this has been a complete disaster. First off, addictions are not a genetic or biochemical imbalance as many **scientificated** professionals wish us to believe. Addictions stem from emotions that remain unfelt. Every time you cannot or will not feel and release an emotion you will choose something to relieve or medicate yourself from that feeling. This is what addictions are—emotion remaining unfelt, not a scourge in your biology.

Emotions cannot be felt and released in a laboratory. They must be practiced and worked through on a daily basis in normal life environments. The more we continue to try to **scientifically** treat and analyze the world of addictions the farther we will get from a true cure. The more we ignore the natural order of birthing and raising of children, the more mental health issues will flourish.

### **Science and Aging and Death**

Science has also merged with aging and has convinced us that all of our body parts will eventually wear out. The **scientificated** model tells us that our body parts have a limited life span and it is best to replace those parts when needed, (hips, knees, hearts etc.). The holistic model reminds us that body parts are not supposed to wear out as you age. These important organs, glands and joints continue to regenerate and repair themselves as each cell is replaced by new cells every day.

The fact that we accumulate more calendar days with each waking moment here on Earth is not the issue. Most people who follow the **scientificated** model of aging will age poorly because they are following an unnatural model. The three main adverse effects to the body are stress, repression of emotions and unresolved physical trauma. Age itself

is only a minor factor in someone slowing down and becoming limited by pain and immobility. The scientific model on aging helps to speed up how most people age, leading to the demise of their bodies.

The scientific model on aging blames your biology again for failing you. You are not getting enough nutrients is the proclamation. Over and over again you hear the slogans, “due to aging.” The **scientification** of aging has taken the same route as the **scientification** of business. It used to be that you could buy a vacuum, car or other household appliance that lasted for thirty years or more. Business discovered that they were losing money if customers did not have to replace their products in a timely manner. The concept called “*planned obsolescence*” was created. This idea creates products that have a limited life span so you will have to go out and purchase a new one.

**Scientification** of aging believes the same, that your body is due to wear out and you will have to order more parts—hearts, lungs, knees, kidneys etc.

Death is another factor of life that has become **scientificated**. One can no longer just die for no apparent reason. An autopsy must be performed in most cases to determine the cause of death (so the **scientificated** government officials can keep records on how people died and someone can be blamed for one’s death). When the **scientificated** medical system actually causes a death (like when the liver or kidneys fail due to excess amounts of medications being prescribed), the cause of death is often listed as “death by natural causes.” There is nothing natural about liver or kidney failure.

One is no longer allowed to just die. When the last breath leaves one’s body a medical doctor using **scientificated** instruments must pronounce you dead before you are allowed to be officially dead. A death certificate is then issued so that you are now legally and scientifically dead. Nature-based people are aware when the spirit has left and do not necessarily need a scientific validation to determine if someone is dead or not.

If you die without a “do not resuscitate” order you are doomed to be revived over and over again. The medical **scientificated** system believes that they can keep you alive with all sorts of mechanical means. You are not allowed to just die peacefully. Science believes that if you die it has failed.

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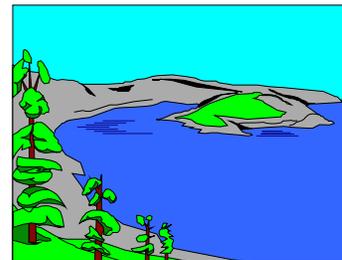
The following is a short synopsis of other ways in which science has merged with other institutions.

### Science and the Environment

**Scientification** of the environment is very common.

Just the fact that science has labeled nature as “the environment” shows you its removal from nature.

**Scientification** of nature would rather do a scientific study about something in nature rather than just gather wisdom from people who have lived close to nature for many years. For example, a Native American might tell you that the deer are dying out in a certain area—just by living and experiencing the event. A scientist would need to go out and do a scientific study in order to count the number of deer in an area.

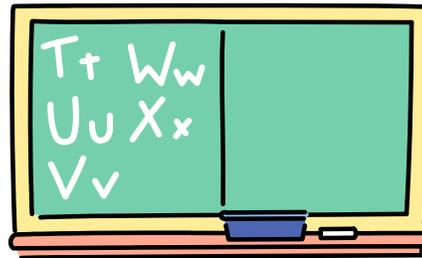


### Science and the Healing Arts

The healing arts have also been run over by the merging of science. This includes the worlds of massage and yoga. These trades used to be considered arts; now they are relegated to the status of technicians where pseudo-professional organizations like **Yoga Alliance** and the **National Certification Board for Therapeutic Massage and Bodywork** have placed themselves in charge of counting the number of hours a practitioner has accumulated. The consensus is that the more hours one has the more qualified one is to practice. I wonder how many hours Rembrandt or Picasso might have needed to get their certifications in their particular art forms? With today's **scientified** standards these great artists might not even qualify to practice their form of art.

### Science and Education

Math, science, English and computer skills are what many educational programs have become. Spelling bees and academic decathlons are ways to turn children into warriors for knowledge based on a **scientified** education system. Emotions do not have much place here and achievement and regurgitating knowledge is the priority. The first courses to be eliminated when money is scarce are the arts, music and theater. The **scientification** of education has created a society of learn-a-holics who have a limited sense of inner self.



The high tech revolution has brought a computer to nearly every classroom. Despite this heavily invested concept the scientification of education has not made students any smarter or more educated. Overall test scores across the country have not risen dramatically as expected due to the standardized use of computers in the classroom. (In many cases test scores continue to drop). The computer in the classroom might be a fancy tool but it does not increase learning abilities.

### Science and Banking

International monetary and banking systems have become **scientified**, leading to the recession and financial collapse of 2008/09. Reductionism, a chief component of science, has taught people that the parts are not connected. What we have learned (the hard way) is that all the individual parts are very much connected. The stock market, banking system, consumers and the home mortgage industry are very much interrelated. This is not what we have been told in the past.

The stock market by itself is a very disconnected and **scientified** industry. In years past one had a sense of pride as to the individual stocks that one owned. Nowadays, people have very little emotional connection to their investments—they are only interested in whether or not they are making a *good profit*. Just like we don't know where our food comes from anymore we also do not know where our investments go either. You might own a stock in a health food company only to find out that this company is owned by a fast food giant or a chemical company. For instance, if you wish to purchase products from an organic food company like *Arrowhead Mills* you are really supporting its real owners, *The Hain-Celestial Group* which is owned by *HJ Heinz*, a commercial processed food manufacturer. If you wish to support *Odwalla Natural* products you are

unknowingly supporting the real owner, *Coca Cola*. The more **scientificated** our economies become the more we lose our relationships with where our money is being invested.

### Science and Romance

The scientific community has merged with the art of choosing romantic partners and has labeled our choices a matter of “chemistry.” Does this sound familiar? This is the same method that the scientific system wishes to identify all mental and physical health issues. Blame it on your biology has become the norm. We are said to have “chemistry” with someone when we find an attraction to them.



### Science and Technology

The merging of science and technology is a very common phenomenon. These two elements are so deeply linked together that most people believe they are the same. They are not. Science is a fundamental philosophy of understanding our world while technology is the hardware to make things happen. Can you have technology without science? Yes! Can you have science without technology? Yes! We continue to look for more meters and gauges to measure our reality using technology combined with science.

Combining science and technology is like watching an out-of-control runaway freight train. From advanced military weaponry to sophisticated medical scans, the blending of these two has created some freakish experiments. A woman can now be artificially fertilized with eight babies at one time—only because science has the technology to make it happen. There is little safeguard or oversight into what science is now able to do with the help of advanced technology.

### Science and the Government

Government and science have become a popular united bag as of late. Politics has relied on scientific polls and analysis to come to conclusions about public opinion or gauging the outcome of a political contest. Government agencies rely primarily on scientific criteria to run their departments. For instance, the Center for Disease Control (CDC) primarily relies on the concept that germs cause disease, (the Pasteur model). Other holistic models not recognized by the government would not be so quick to blame disease on a germ.

Judges, politicians and courts continue the conspiracy of **scientification**. A judge will reprimand a group of jurors when evaluating a court case. Jurors are advised to leave their emotions outside and only use the scientific data presented.

When a Supreme Court justice nominee undergoes the review process to become a member of the highest court in the land he or she is scrutinized severely by Congressmen. These Congressmen wish to know if the newly appointed justice can decide a case with logic and scientific reasoning alone, or if one’s emotions might cloud their decision making.



To further demonstrate the **scientification** of government one need only to consider the fact that at any one given time **one-third to one-half of all the scientists and engineers in the United States work for the government**. I wonder how many nature-based practitioners are employed by the very same government? In addition, scientific-minded individuals are awarded positions of authority (like the head of the FDA) and continue the direction of **scientification**. These individuals often come from the industries they are supposed to be regulating, and often return to these very industries once their government term has ended.

The government often acts as the enforcement branch of a **scientificated** world. The FDA and FTC are used as bullies by the **fourth branch of government—the corporation**—to control or eliminate **non-scientificated** threats to their existence (and profits).

### **Science and Real Estate**

In years past one's home was his castle and protected sanctuary. Unfortunately, as science has merged with home sales much of the emotional attachment to a home has been lost and a home is now valued for its selling price on the open market. A home is now a piece of "*real estate*" to be bought and sold to the highest bidder like a pawn on a game board. Homes become known as "*properties*" and their value is placed in dollar signs rather than in the warm feelings associated with "a place to call home."

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### **Tactics of the Conspiracy of Scientification**

There are many ways in which the conspiracy of **scientification** continues. Science is often very myopic. It has a difficult time seeing outside of itself. It has many layers of defense to protect itself from losing power. Just as the Catholic Church had layers of defense the scientific structure is much the same. Some of the ways in which science remains in power are the words and slogans that are used. Here we will explore the conspiracy in depth.

#### **“Questioning medical science”**

One who questions medical science is often thought of as a radical and uninformed person. Science has become the norm. Anything outside of a scientific reality is often looked at with skepticism and fear.

#### **“It is proven”**

When someone uses the term “it is proven” what they are often saying is, “Please do not question my way of thinking.”

**“There is no alternative approach to cure cancer. Chemotherapy and radiation are the only real options”**

This is a common statement from many medical cancer doctors who might be out of business if their patients selected natural alternatives. The cancer treatment industry is a \$228 billion dollar a year industry. By telling a patient who is looking for hope that there are no other viable choices you are essentially saying that you are choosing for them.

**“Traditional medicine”**

Western medicine has grabbed on to the term “traditional medicine” and has attempted to market it as such. There is nothing traditional about Western medicine. Natural medicine (herbology, Ayurvedic, Chinese etc.) is traditional and has been around for thousands of years.

**“Alternative medicine”**

Alternative medicine implies that there is a mainstream approach and this is a secondary choice. Most of the world practices what is considered “alternative” or natural medicine. Only through slick media campaigns have Westerners been lured into believing that Western medicine is on top and everything else is “alternative.”

**“Complimentary medicine”**

As the name implies this terminology is where natural medicine has become labeled. Patients are most often steered towards Western drugs and surgery and if they choose can support those treatments with “complimentary” care. Western medicine is reluctant to believe that complimentary care by itself can cure disease.

**“Safe and effective”**

“Safe and effective” is the term used by the FDA (Food and Drug Administration) to determine if a drug or food product should be available for sale. Unfortunately, this term is almost useless. First off, many products have been labeled as safe that should never have been. This includes artificial food ingredients like Bovine Growth Hormone and artificial sweeteners. If only a few thousand people die from a product then it is still within the parameters of what is considered safe. If you have ever read the warning labels on a drug bottle one would shake his head in disbelief. Over 450 people die each year in the United States alone from acetaminophen toxicity. This is the main active ingredient in products like Tylenol. Products containing acetaminophen have been labeled as “safe and effective.” From sunscreens to diet pills, vaccines to medications, there is a large discrepancy in what is safe and effective when it comes to many products on the store shelves.

In addition, most drugs come to the market severely under tested. The FDA allows drug companies to test their own drugs and submit the results back to the FDA. These companies disregard many studies that failed or caused harm to patients and only test drugs in best case scenarios (with healthy people having few medical issues). When a drug is sold out in the market place it goes into real life situations—often to people with many health issues taking many other medications. This is not necessarily whom the drugs are tested on.

### **“Science merges with philanthropy”**

Many well-intentioned donations are precluded on the commitment to only deliver scientific-based treatments and procedures. For instance, the well-endowed *Bill and Melinda Gates Foundation* donates large sums of money each year to only scientific-based causes. Hundreds of millions of dollars have been spent by the foundation to vaccinate people all over the world with vaccines that weaken the immune system. Instead of focusing that money on natural immune building systems the *Bill and Melinda Gates Foundation* has chosen to align itself with the pharmaceutical industry and pump millions of dollars into scientificated vaccine medicine. Money raised from most charitable donations goes primarily to scientific means.

While there are many natural antibiotics (colloidal silver, grapefruit seed extract, oregano oil etc.), drug-based antibiotic treatments remain the most commonly funded programs world-wide. Most philanthropic organizations only support programs that are scientifically based—drugs.

### **“Who gets to define disease?”**

The scientific community has attempted to lock down its sole authority to define and treat disease. Organizations like *The American Psychiatric Association* define mental health issues in their voluminous work called the *Diagnostic and Statistical Manual of Mental Disorders (DSM)*. The *American Medical Association (AMA)* claims sole right to define physical disease. If one tries to circumvent the authority of a medical doctor one is often charged with practicing medicine without a license.

### **“Supplement claims”**

Natural medicine is not allowed to demonstrate any health claims in its advertising or bottle labeling. Only Western medical drugs can do that. Instead, a natural product is often just referred to as a “nutritional supplement.”

### **“GRAS” (Generally Recognized As Safe)**

The FDA uses the term “*Generally Recognized as Safe*” to define many food products. This means that they do not have long term studies or are not sure if something is safe or not. “Let’s test it on the public to see what happens” is the general mentality at the FDA. This includes products like genetically modified food crops (GMO’s) and monosodium glutamate.

If a parent used the same criteria to define playground equipment as the FDA does to determine safety—it kills or harms some people some of the time—all playground equipment would have been removed by now.

### **“Layering”**

Once science creates a bad idea it does not necessarily go back and eliminate it. Instead science tries to find a technology to put on top of it to fix it or cover it up.

### **“Case studies”**

Often when a court case is upheld it becomes law and sets a precedent. It is very difficult to go back and overrule the initial case. If something was wrong the first time

and continues to be wrong the courts often uphold this original decision because it has set a precedent.

### **“As the population ages”**

This is a common phrase heard frequently. Age is blamed for everything from aches and pains to why one needs to retire early. A **scientificated** system uses age as a scapegoat to keep the population victimized. A common expression often heard is that in the coming years we will need more heart surgeons and orthopedic doctors to replace more hips, knees and hearts “as the population ages.”

### **“More research”**

“More research is needed,” is the rallying cry of a **scientificated** medical industrial complex system. Fear is dumped onto an already numbed out population who have been led to believe that the only way to heal disease is through more and more costly scientific research.

### **“The scientific community”**

Who is the “scientific community”? Many people are led to believe that the scientific community is a unified entity that speaks with one voice and has a clear and singular opinion on matters. It is not. The scientific community is a fragmented collection of people and organizations from private corporations, government sponsored institutions like the *National Institute for Health* and university scientists. They are as varied and different as members of a political party. While they might hold loose affiliations they are more different than alike.

### **“Double blind studies”**

Double blind studies are the gold standard when it comes to scientific tests. This is where two groups of people are randomly selected. One group receives the drug that is being tested while the other group receives a placebo. The interesting thing is that some people who did not receive the tested drug do better than some people who received the drug. Does the drug really matter or is the power of suggestion really what is being tested?

### **“Clinical Trials”**

The term “clinical trials” is a fancy name to say that someone turned a group of human beings into “guinea pigs.”

### **“Exact science”**

The notion that science is an “exact science” is a fabricated myth. Science is a consortium of fabricated stories, guesses, calculations and hypothesis. Sometimes the scientific story gets it right; other times they don’t.

### **“This \_\_\_\_\_ and that \_\_\_\_\_ are not related”**

Science is famous for breaking things down into smaller units (reductionism). Science does not regularly consider the relationships between the parts. For instance, a

gastroenterologist might not believe that a patient's stomach pain is originating from an imbalance in the hypothalamus gland of the brain.

### **“You don't have the science”**

This phrase is commonly heard when one tries to strongly defend his scientific argument. By claiming that one's research is “less than,” a proponent of a scientific theory attempts to “shake down” an adversary by eliminating his story.

### **“Doctors say...”**

The phrase, “Doctors say...,” is a common media ploy and is used to quiet the opposition. How often have we heard the statement, “Four out of five dentists recommend a certain brand of tooth paste?” What is not being said is that those dentists were paid to say what they said. When you here the phrase, “Doctors say...,” what you are really hearing is a smokescreen. You are expected to believe that all doctors speak with a collective voice and there is no dissention. You are expected to stand still, come to attention and trust what is coming out of a doctor's mouth. The phrase, **“Doctor recommended,”** implies that God himself has spoken the absolute truth. The reality is that a medical doctor has become a paid spokesperson for a product using his white lab coat as a shield of infallibility.

Can you honestly say that all medical doctors in the United States (all 780,000 of them) speak with the same unified voice?

### **“We have testing for that”**

This phrase implies that the scientific community has taken charge and has defined your problem and has it under control. Scientific tests are considered the absolute truth. By the way, there is scientific testing for blood cholesterol and it turns out that these tests can be anywhere from 4-10% mistaken. There is scientific testing for heart blockage (treadmill test) yet only when an artery is 70% blocked does it show up on the test. Many tests are nothing more than guesswork about what is really going on in the body. For example, a bone density test is often the determining factor whether or not a person is diagnosed with Osteoporosis. Yet bone density tests do not measure the **quality** of the bone itself. After taking Osteoporosis drugs like **Boniva** and **Fosomax**, bone is weakened and becomes brittle. The bone density test may show adequate bone but it is of poor quality. This factor is not measured by the test.

### **“Referencing”**

There is a traditional scientific practice of citing and listing references. This belief states that the more references one has the more valid one's statement. If a scientist can overwhelm his audience with outside references there is a better chance he will not be challenged. References are the need to protect your own opinion from critique. Why should someone believe something in a reference or quote? **Just because something has been published does not necessarily make it true.** Many have the misconception that published works are all truthful and relevant and if we can draw on a quote from another published work it makes our own work true and relevant. This is another smokescreen approach. The more quotes one uses to bolster his argument the more walls one is trying to build around his castle.

### **“Published work is derived from God”**

A published work in a trade journal is considered God-like and untouchable. It is often believed that if a peer-review journal published your work then you must have a truthful and accurate statement. Also, when you cite from an original author the audience is not allowed to question your sources. The fact that your sources are already published gives them free exemption from being questioned.

### **“Junk science versus real science”**

It is often heard said that one’s proof of validation is “junk science.” This phrase is often used to discredit someone. Usually a scientist who does not wish to be challenged will use this term to belittle the work of another researcher. This is also referred to as, “Good science versus bad science.” This is the equivalent of using the “*race card*” in the scientific world.

### **“Scientific witch hunt”**

Just as religion hunted down and persecuted those who dissented science often does the same thing. The scientific community is still labeling dissenters as “heretics,” only the names have changed. Charlatans, scam artists, quacks and frauds are some of the names associated with dissenters of scientific viewpoints. While it is true that there are individuals who are fraudulent, **scientificated** medicine by itself kills hundreds of thousands of Americans each year (while going virtually unpunished). Who are the quacks again?

### **“The American Medical Association (AMA) promotes health”**

Most people assume that the AMA is the spokesperson for health in the United States. The AMA is conspicuously united with the government to help set policies and standards. Little do people realize is that the AMA does not promote health. **The AMA is little more than a club for doctors.** According to Nancy Appleton in *Rethinking Pasteur’s Germ Theory*, “Of the 780,000 doctors in the U.S., only 250,000 are members of the AMA. The association does not represent and speak for all doctors. It is a trade organization, just like the Trial Lawyer’s Association or other professional groups with vested interests and status quo to protect.” In essence, the purpose of the AMA is to promote, keep in power and bring wealth to medical doctors. Health care is used as cake icing to ensure this all happens.

### **“Go see a doctor”**

When you here the words, “Go see a doctor,” it is implied that medical doctors are all knowing and all powerful. This phrase is often heard when someone is sick or ill. Little do people realize is that medical doctors have never cured any autoimmune disease and they are the second leading cause of death among Americans, (JonBurras.com/articles/The Five Leading Causes of Death in the United States). In several studies more people actually lived when medical doctors went on strike. In the year 2000 medical doctors in public hospitals in Israel went on strike and the death rate was lowered considerably. (Vitaminfoundation.org).

### **“Science does not lie”**

We often hear the phrase, “Science does not lie.” This is absurd. Science lies any chance it gets. Scientific tests are often altered, results are frequently misleading and the people and corporations conducting the tests are not pure. From DNA samplings to government studies science is only as truthful as the people who are performing and interpreting the tests. For instance, in recent years many crime labs have come under close scrutiny for falsifying evidence. Evidence can be manipulated and twisted in many ways to give the results one wishes to achieve. This is especially true when a crime lab is associated with a district attorney’s office where prosecuting suspected criminals is first and foremost.

### **Are you a doctor/ is he a doctor?**

When challenged many people use the term, “Are you a doctor?” to provide authenticity to a position. For example, if there is an emergency on an airplane it is frequently heard over the intercom, “Is there a doctor on board?” In this case there is no questioning of the doctor’s credentials. One could be a dentist or plastic surgeon and still be called to assist in an emergency, (even though they have no skill or experience in the matter). Being a medical doctor gives one permission to intercede in many emergency situations—even though he or she might be hardly qualified.

### **“Science looks at what it wants to look at and ignores the rest”**

Scientists often begin a study with a preconceived idea of what they are looking for. If the results do not show what they had expected they often discard the entire study.

### **“Data does not lie”**

This phrase is heard quite frequently. Sadly, data lies all the time. Data can be manipulated and twisted to fit any situation. For instance, several television ads featuring a well-known actress advertise for the drug Boniva. These ads claim that Boniva will reduce bone loss in people diagnosed with Osteoporosis. This is true. What they do not tell you is that bone growth is also destroyed and the remaining bone is turned into severely brittle and easily breakable bone. Also used in the same manner is the term **“Research does not lie.”** Once again, research lies all the time based on who is conducting the research and what their agenda might be.

### **“Hippocratic Oath”**

Many believe that medical doctors practicing Western scientific medicine are sworn to the Hippocratic Oath of *“Do No Harm.”* Have you read the warning label on a medication bottle lately? Hundreds of thousands of Americans alone are killed by medications each year, (inaccurate dosages, wrong drug, drug interactions etc.). If this were true and medical doctors did swear allegiance to the Hippocratic Oath then no medical doctor would ever prescribe a drug again.

### **“Clearly”**

When you here the word “clearly” you are being set up to not challenge a scientific story. Usually a scientific-minded person will use this language when they wish to dominate others by diverting the conversation away from being challenged.

### **“No known science”**

This phrase, “No known science,” really means, “There is nothing else in the scientific world that I am willing to bring into the conversation to contradict my present opinion.” In other words, there may be plenty of evidence to the contrary but one is using a smokescreen to keep others from looking for that evidence.

### **“Has shown”**

“Has shown” is often used to validate one’s story. For example, a scientist might say something like, “This new drug has shown a reduction in the number of cancer cells in field mice.” This does not necessarily mean that this drug cures cancer. The tests were conducted in a way to demonstrate a reduction in carcinogenic cells by whatever means.

### **“Independent experts”**

What makes someone independent and what makes them an expert? For instance, many of the heads of the FDA claim impartiality yet first worked in the drug industry and often return to the drug industry when they are finished serving their term with the government. How independent is that? An expert can be anyone who is willing to be paid to tell the story that you want them to tell. “Unbiased” is often another term used to attempt to qualify independence.

### **“The research demonstrates”**

“The research demonstrates” whatever the scientist wants to it to say. If the tests failed they would never have been published in the first place.

### **“Documented research or data”**

“Documented research or data” is often used to give something more power than it deserves. Just because something is documented does not necessarily mean that it is true.

### **“There is evidence to support”**

This phrase means that a story has been created and it cannot be challenged.

### **“All the data shows”**

The word “data” is used to create an artificial protective coating around a scientific story. Data is assumed to be absolute, pure and without controversy.

### **“The poll shows”**

Questions are asked and audiences selected to give you the answers you wish to hear. There are no scientific polls despite what you may have heard. If a liberal television show wishes to conduct a political poll to boost the favorable rating of its favorite liberal politician it will choose an audience who already agrees with them and selects the questions in a way to give the most favorable answers.

### **““They’ don’t know why”**

Who is “they”?

**“Scientists now know”**

This statement is often used to place finality to an argument. When doctors or scientists now “know” something the debate is over with. How many times have medical doctors “known” something and it turned out to be absolutely false?

**“Researchers have found”**

This phrase places medical researchers on a pedestal and informs the public that they are now safe because well-intentioned men and women have eliminated everything that is causing their fears.

**“They did a study that said...”**

Glory! Hallelujah! A single study was done which now proves everything. Most people accept the finding of a single scientific study without ever questioning its intentions, procedures and where the funding came from.

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Science has become a primary way of viewing our world. Many times there are great discoveries and inventions that provide hope and advancement due to scientific concepts. It would be a rare person who would willingly forgo all the benefits of science.

However science has merged with many other unnatural principles in a way to dominate and control them. Once in control the science-minded individual contributes to the conspiracy to maintain the power and status quo of the scientific way of thinking.

I am not condemning science—only what science has become. As science has merged with many other entities what has been brought forth is the concept of **scientification**. When we stop blindly accepting the belief that science knows everything and begin to question its reality we will wake up from this very unnatural phenomenon. Imagine what the world might be like if scientists were not the primary gatekeepers of knowledge?

Nature always wins. As we begin to once again align with natural concepts we will finally be steering our ship back on course.

## **Resources**

**The Continuum Concept**, Jean Liedloff  
**Birth Without Violence**, Frederick Leboyer M.D.  
**Immaculate Deception II**, Suzanne Arms  
**The Scientification of Love**, Michel Odent  
**In Defense of Food**, Michael Pollan  
**Primal Health**, Michel Odent  
**Rethinking Pasteur's Germ Theory**, Nancy Appleton  
**Lords of the Harvest**, Daniel Charles  
**Stolen Harvest**, Vanda Shiva  
**Exploding the Gene Myth**, Ruth Hubbard and Elijah Wald

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