Intuitive Face Sculpting

Are you frustrated with those wrinkles on your face that never seem to go away? Do you look much older than you really are? Does your face feel worn out and never seems to relax despite persistent lathering of moisturizer? Would you like to recapture some of your lost youth?

The face encompasses scores of individual muscles. These muscles tell the story of your life. Tension, frustration, stress, and disappointment are all held in the muscles of the face. If your face could tell a story what would it be saying?

Muscles are held in place by layers of connective tissue called fascia. Connective tissue is the most abundant of all tissues in the body. There is more connective tissue than even muscle. Over time, the fascia hardens and the face loses its elastic and energetic vibrancy. This is like what happens in the process of making beef jerky. As moisture and fluidity is drawn out of the fascia the tissues begin to bond together. This is the normal story of how most people age. As muscles are pulled tight (as in frowns and squints) the fascia begins to harden and glue together. One feels as if he is wearing a rubber mask when this happens.

It takes at least 17 muscles to smile and 40 to frown. As your muscles remain locked in place it is often difficult for your expression to change. One perpetually begins to look and feel like the “angry old man” or the “sad and depressed woman”. While hundreds of cosmetic remedies have been created to help alleviate this wearing down of the face, these cosmetics only begin to scratch the surface. Surgical clinics
are booming as well as many people try to fight off the apparent scourge of old age by going under the knife.

There is a simpler solution. **Intuitive Face Sculpting** is just that solution. Using light finger-tip touch the connective tissue specialist will mold and shape the face. Like an iron moving through butter the sensitive fingers will carve out wrinkles and tension. Just like new the face begins to transform. Some clients have reported they felt as if years of tension had been lifted from their face. Wrinkles dissolved, scars smoothed away, “Raccoon’s Eyes” softened, and acne pock-marks erased, **Intuitive Face Sculpting** appears to be magical.

Muscles are able to move more freely and without restrictions. One is able to express emotion more spontaneously as there is less that is holding back the waves of emotional energy.

Energy or “chi” also travels through fascia. As the fascia tends to harden over time the chi becomes stagnant and blocked. As this happens one begins to feel tired in the face all of the time. One begins to feel old.

**Intuitive Face Sculpting** begins to release the frozen energy from the face as well. Layer by layer of tissue is softened and transformed to allow this to happen. This feels like a natural face lift when this happens. Once this energy is released the face feels more expressive, vibrant and alive.

This is not magic or hyperbole. It is real and quite effective. Are you tired of that frown or those “crow’s feet” out side your eyes? Do you desire to feel the freedom in your face that you have been missing? Are you ready to wake up and feel refreshed? Maybe **Intuitive Face Sculpting** is just what you have been seeking?

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